

VIDEO TRAINING RECORD		
VIDEO TITLE Fit Testing Respirators	VIDEO ID NUMBER 1002BE	
<b>KEY TEACHING POINTS OF THE VIDEO</b>		
<p>Respirators protect us from:</p> <ol style="list-style-type: none"> <li>1. Many processes emit harmful substances which we breathe and which may have long term harmful side effects.               <ol style="list-style-type: none"> <li>a. Dust. Dust enters the body through breathing, eating, and skin absorption.</li> <li>b. Fumes. Fumes are created in high heat applications such as welding.</li> <li>c. Mists. Mists are liquids set into motion in the air.</li> <li>d. Gases.                   <ol style="list-style-type: none"> <li>1. Gases are created by chemical reactions.</li> <li>2. Hydrogen sulfide smells like rotten eggs.</li> <li>3. Carbon monoxide is odorless and colorless.</li> </ol> </li> <li>e. Vapors. Vapors are the product of volatile products such as gasoline.</li> <li>f. Chemicals.</li> </ol> </li> <li>2. Oxygen deficiency.</li> </ol> <p>When respiratory protection is given to you, it is your responsibility to:            Keep it clean.      Keep it in good condition.      Wear it.</p> <p>The body's natural defense mechanism is nose hairs.</p> <p>Team Effort:</p> <p style="padding-left: 20px;">Employer responsibility.            Determine the hazards of the job.                      Reduce or Eliminate the hazards as much as possible.</p> <p style="padding-left: 20px;">Employee responsibility. Follow the company policies and procedures.</p> <p>Respiratory Protection Program.</p> <ol style="list-style-type: none"> <li>1. Have an examination by a physician to determine if employee is able to wear a respirator.</li> <li>2. Persons with a beard or facial hair cannot safely wear respiratory equipment.</li> <li>3. Training on:               <ol style="list-style-type: none"> <li>a. How to fit.                   <ol style="list-style-type: none"> <li>1. Hold hand over cartridge to prevent air from entering and breathe in.</li> <li>2. Vapor test performed by a supervisor.</li> </ol> </li> <li>b. How to inspect.</li> <li>c. How to clean.</li> <li>d. How to Store.</li> <li>e. When to change cartridges.</li> </ol> </li> <li>4. <b>DO NOT WEAR CONTACT LENSES WHEN WEARING RESPIRATORY PROTECTION.</b></li> </ol> <p>Know the hazard, then select the proper respirator.</p> <p style="padding-left: 20px;">Air purifying.            Respirators generally chemically absorb the hazardous substances in the air and purify the air.            Dust mask.                      Half face.                      Full face.</p> <p style="padding-left: 20px;">Air Supplied provides purified air.            Air line.                      Self-Contained Breathing Apparatus.</p>		
QUESTION		ANSWERS
		TRUE      FALSE
1 Respirators protect us from dust, fumes, mist, gases, vapors, chemicals and oxygen deficiency.		
2 It is your responsibility to wear and maintain respiratory protection when it is issued to you.		
3 Have an examination by a physician to determine if you are able to wear respiratory protective equipment.		
4 Know the hazards then select the proper respirator.		
5 Air purifying and air supplied are the two types of respirators.		
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE